# Creating a high impact poster: Art or Science?

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## What is a poster? Why?

- What a poster <u>is</u>
  - Static visualization of an oral story

### The ABCs of Oral Storytelling by Verena Tay

#### Objective

Storytelling is one of the most powerful tools a teacher can use to engage students. Humans love listening to stories, we often learn facts, morals and language skills better through stories told to us. This 6-hour workshop is designed for teachers who wish to captivate their students through oral storytelling, and incorporate oral storytelling activities in the classroom.

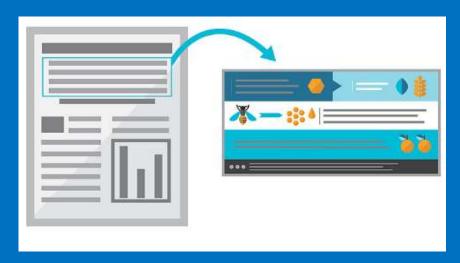


#### Transferable Skills

- How to choose and adapt stories appropriate to your needs.
- Rehearsal skills: Connecting to your chosen story and learning a story without memorisation
- Bringing stories alive : Developing an expressive voice and body
- Using props: Enhancing the storytelling experience
- Relating to your audience: Interaction skills and techniques to encourage participation

### What a poster is not

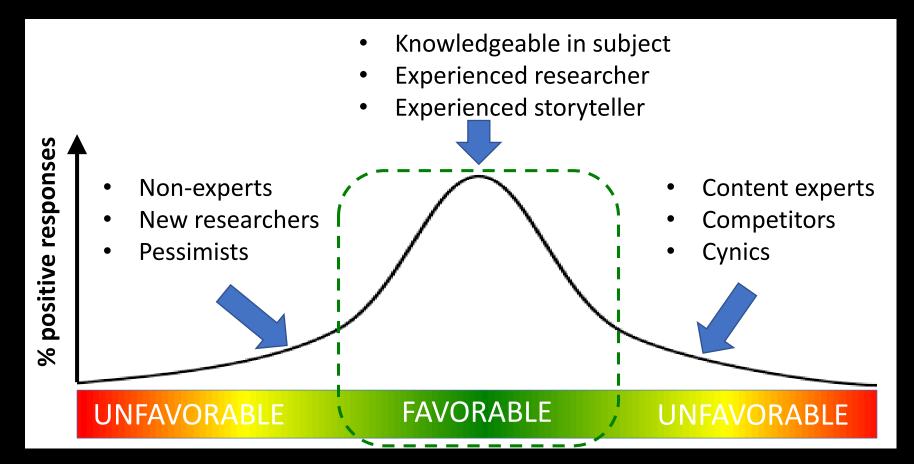
- A place to copy/paste ideas from research manuscripts
- A printed mass of jargon and lingo
- A platform for all your Figures/Tables



https://blogs.lse.ac.uk/impactofsocialsciences/2018/05/11/how-to-design-an-award-winning-conference-poster/

## Step 1: Know your audience

- The highest probability for success is to develop a poster and oral story that align with the <u>masses</u>
- Avoid trying to please <u>the few</u>



## Step 2: Tell a story

### The land where I was raised







I was born in Grants, NM near Acoma Pueblo (Sky City). NM is the only state in the US that has a constitution in both Spanish and English, the official languages of New Mexico. However, there are over 13 different languages spoken in New Mexico, and an additional 40+ dialects.

### The heritage of my ancestors

I am neither genetically Latino, nor of the Acoma people. I am genetically of the Houma people (near New Orleans), yet I do not claim ancestry in any official way.

I am "salsa", or "mestizo". My ancestors were Scotch-Irish, Norse, French, and Native American.



## Lean on your cultural storytelling traditions

## Storytelling in my life

### The land where I was raised



https://nochedecuentos.org/resources/storytellers/



https://www.youtube.com/watch?v=gdng-9nqkks

As a young poetry major, I was regularly involved with Latin storytelling groups (similar to Noche de cuentos) and also Native storytelling groups (see talk by Will Tsosie)

### The heritage of my ancestors





When visiting my family, I encountered storytelling through Houma traditions (e.g., Pow Wow), and learned about Scotch-Irish storytelling traditions (ghost stories!)

## Lean on your cultural storytelling traditions

## Develop your own "style"



- You are uniquely you...
  - By default your stories are unique, if you embrace your experiences and surroundings
  - You are the only person who knows all the facets of your research project
    - Committee members are content experts
- Searching for novelty by reading manuscripts is a lonely effort with very little output...
  - You have all the tools you nee to tell a good story
- If you are struggling, stop trying to define it!
  - Just tell your story as it can only be told by you

**You** are the only novelty in this building!

Regardless of the style, storytelling is the "gateway" to your audience
-human beings are social creatures

## HOW STORYTELLING AFFECTS THE BRAIN

### NEURAL COUPLING

A story activates parts in the brain that allows the listener to turn the story in to their own ideas and experience thanks to a process called neural coupling.

#### MIRRORING

Listeners will not only experience the similar brain activity to each other, but also to the speaker.

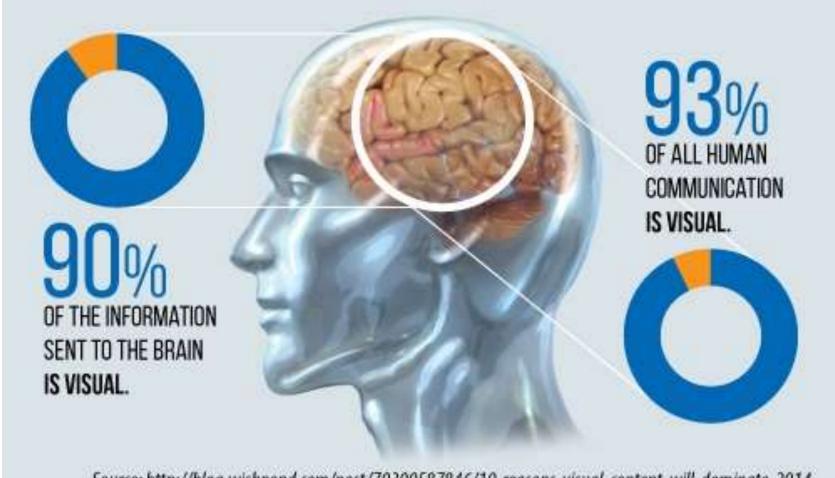


### DOPAMINE

The brain releases dopamine into the system when it experiences an emotionally-charged event, making it easier to remember and with greater accuracy.

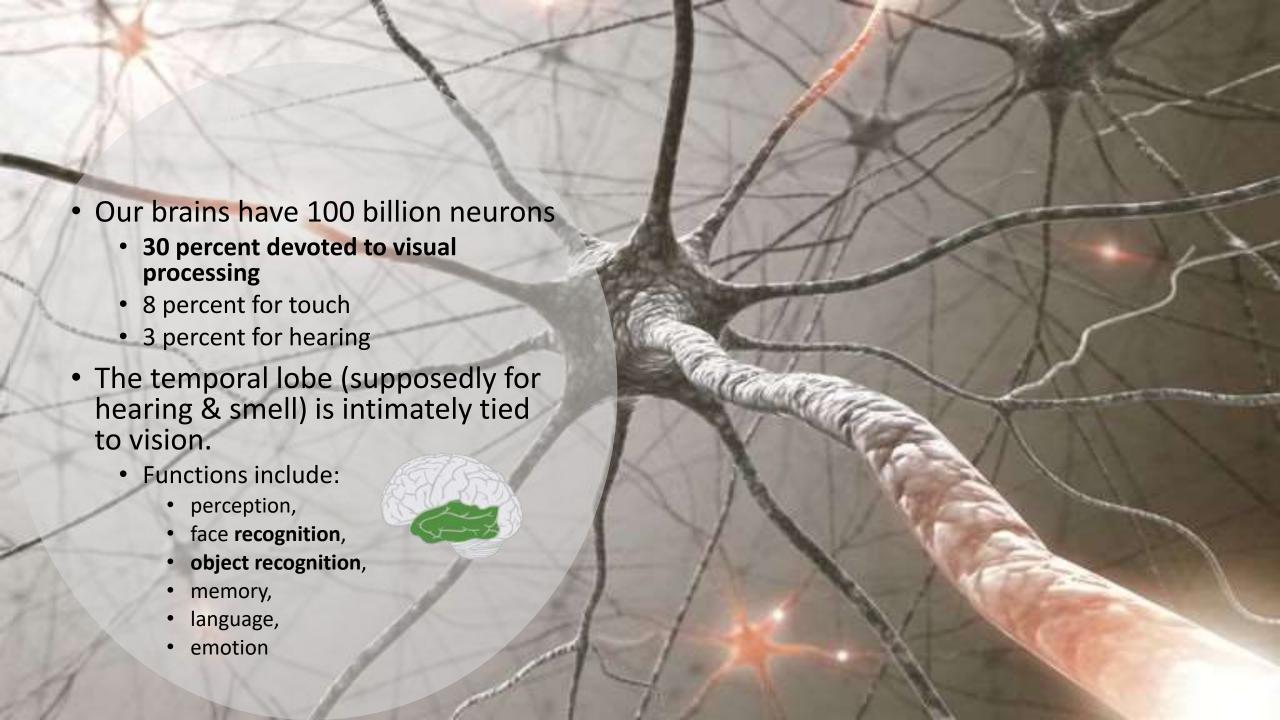
### CORTEX ACTIVITY

When processing facts, two areas of the brain are activated (Broca's and Wernicke's area). A well-told story can engage many additional areas, including the motor cortex, sensory cortex and frontal cortex.



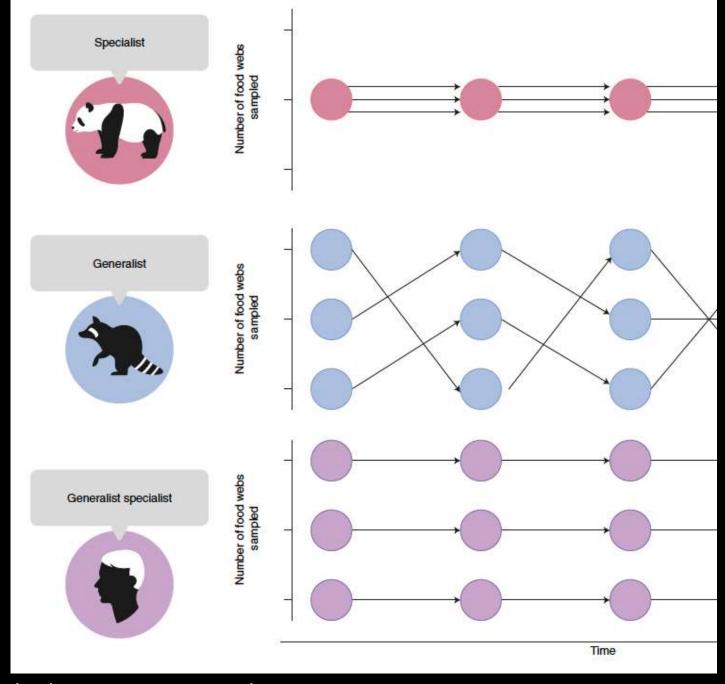
Source: http://blog.wishpond.com/post/70300587846/10-reasons-visual-content-will-dominate-2014



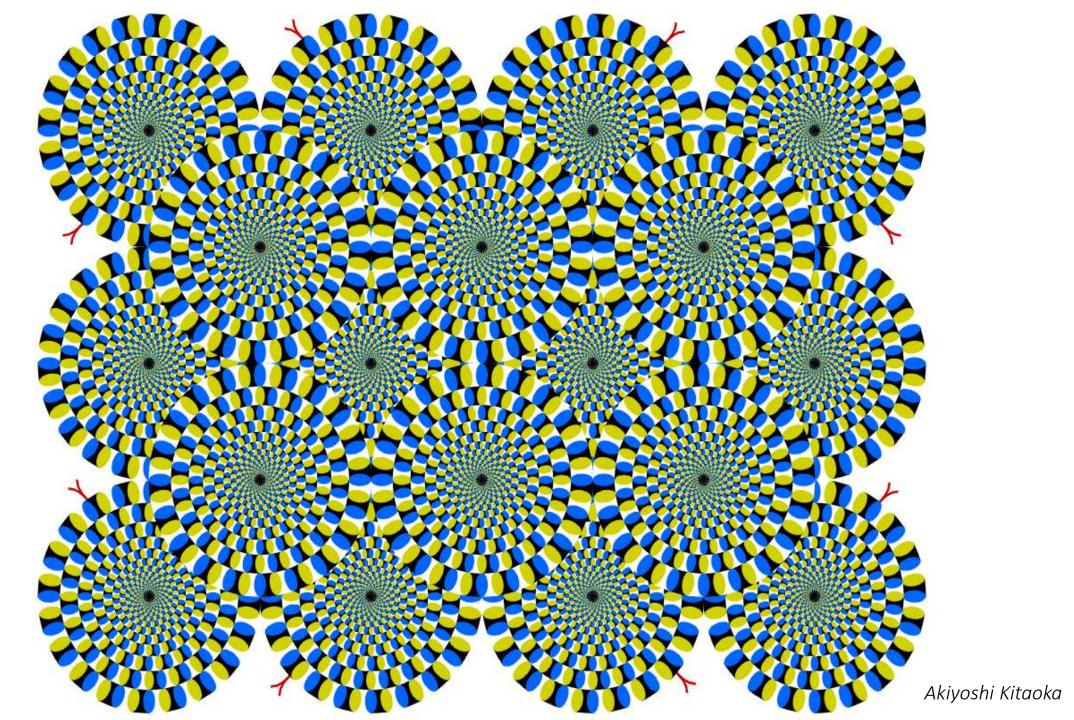


## Homo sapiens: The generalist specialist

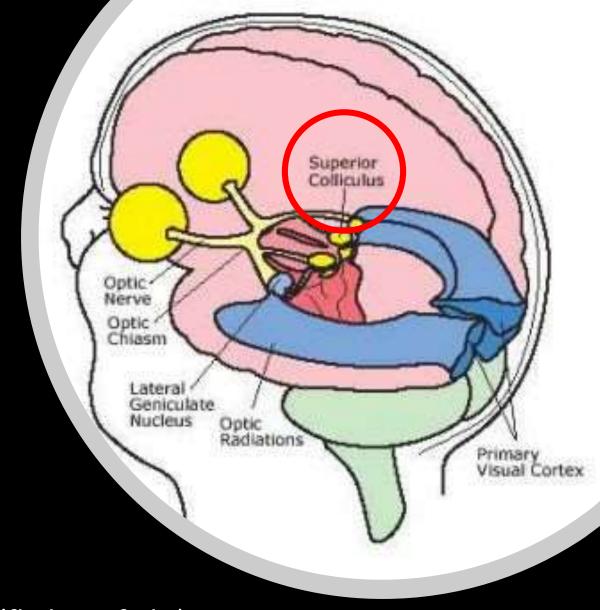
- Homo sapiens unique niche allowed early members of our species to adapt to, and specialize in, living in wildly different environments.
- But...
  - How good are we at processing information from flat, 2D surfaces?



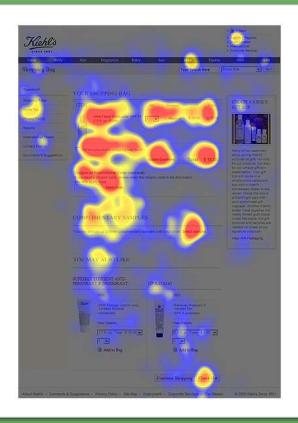
Rotating snakes

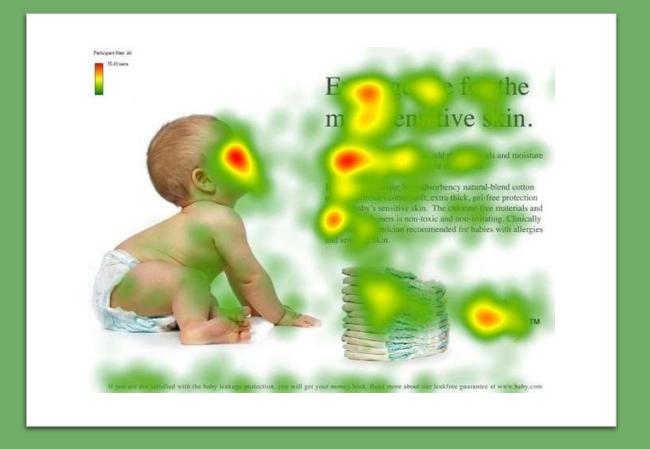


- **KEY POINT**: One of the first areas of the brain to receive optical information from a 2D surface is the superior colliculus
  - Controls gaze and head turning and can <u>subconsciously</u> trigger rapid head and eye movement
  - Rapidly determines relative distance, direction, and speed in the absence of constructed 3D images.
  - Information is sent to primitive brain structures that have been well established as modulating emotion and heuristics
  - <u>Not</u> responsible for fusion of the two perspectives from our eyes into a 3D image



Superior colliculus = autonomic responses (flight or fight)

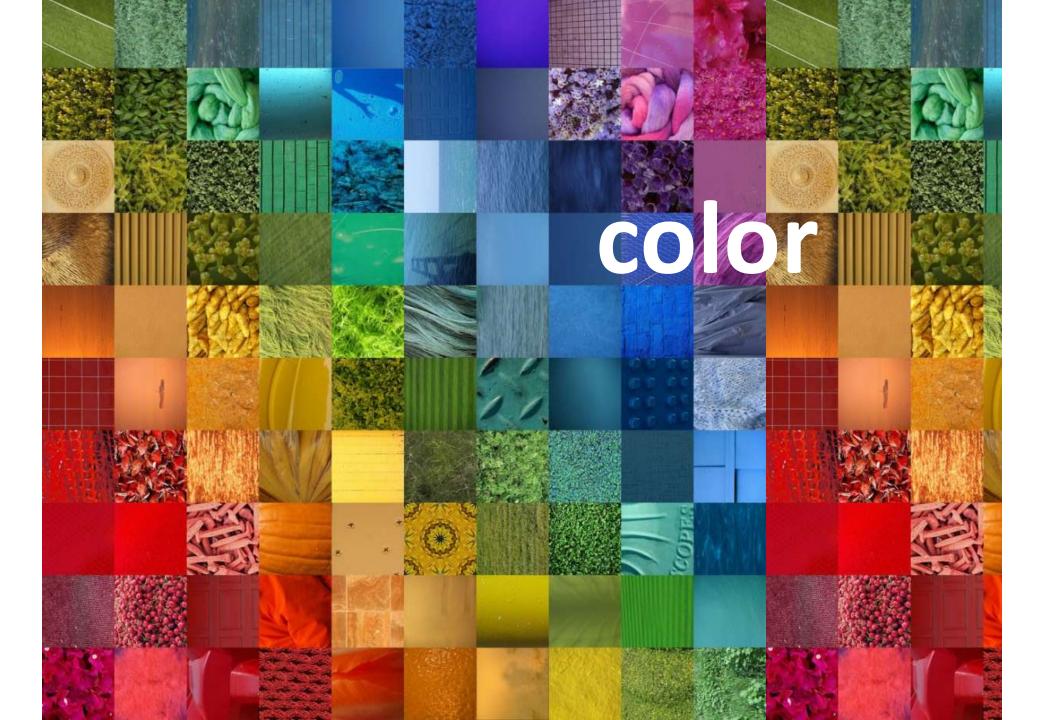




## Superior colliculus at work

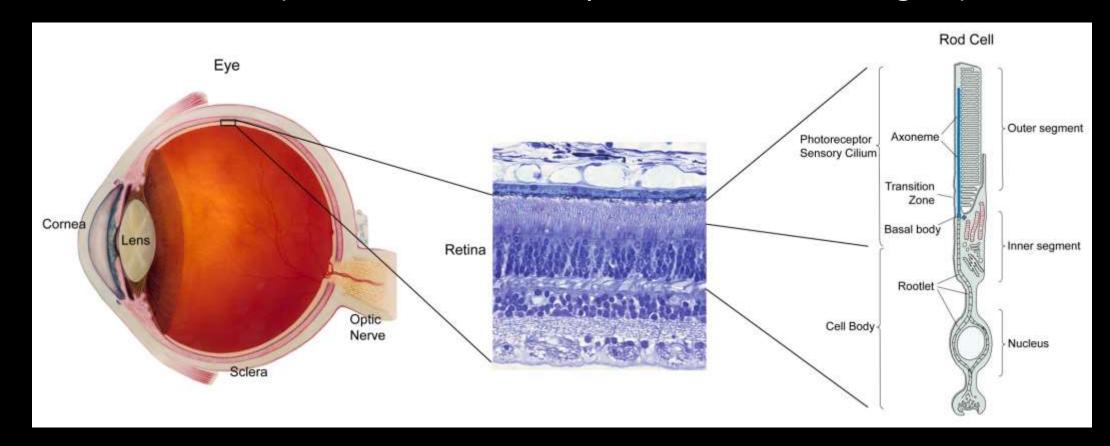
- The human brain is wired in such a way that we can make sense of <u>lines</u>, <u>colors</u> and <u>patterns</u> on a flat surface.
- While individual tastes vary, the brain responds especially strongly to conventions that mimic what we see in nature

The easiest way to tap into this is by appropriate use of *space* and *color* 



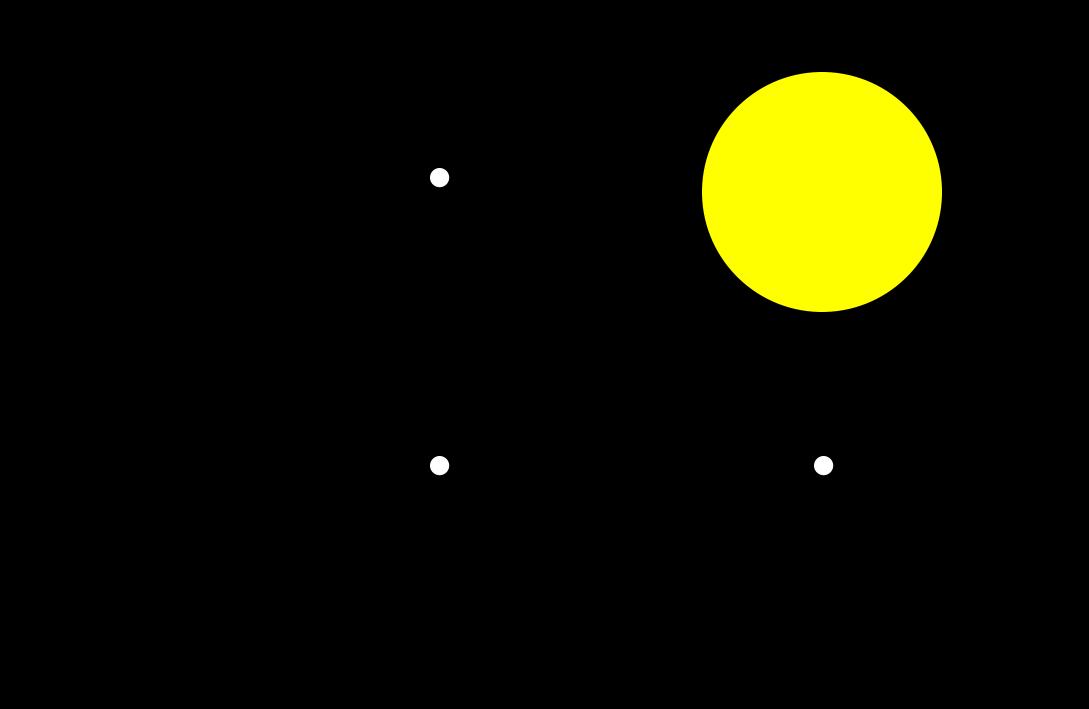
## What is color?

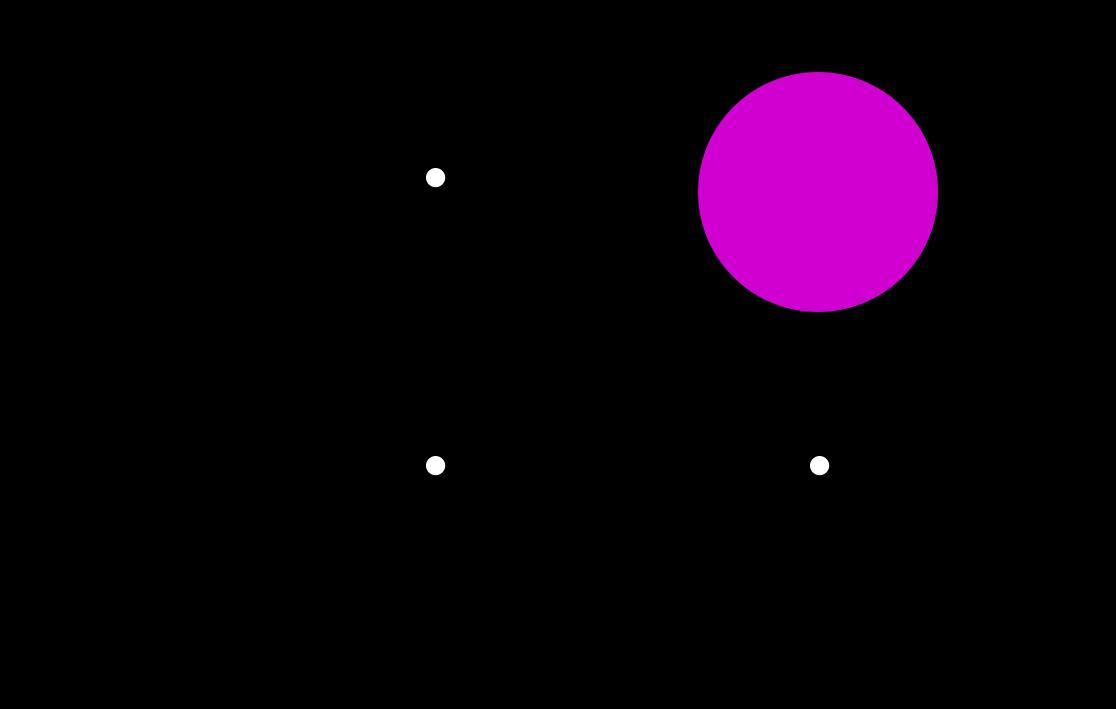
- Most people have three kinds of cones in the retina: red, blue and green
- Your brain compares the activities in two or three cones during phototransduction (the conversion of a photon to a neuro-signal)



### Let's isolate color

On the next slide, stare at the large colored dot for ≈60 seconds and then look at one of the adjacent white dots for ≈10 seconds





When you look at the white "dot" and your eyes "see" a large dot that is not there...

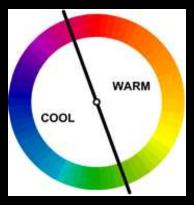
You are seeing the complementary "afterimage"

**The biochemistry behind this**: Certain <u>neurons</u> in the retina and thalamus are <u>turned "on"</u> by <u>yellow</u> but <u>turned "off" by mauve</u>. Others are turned "on" by mauve and turned "off" by yellow.

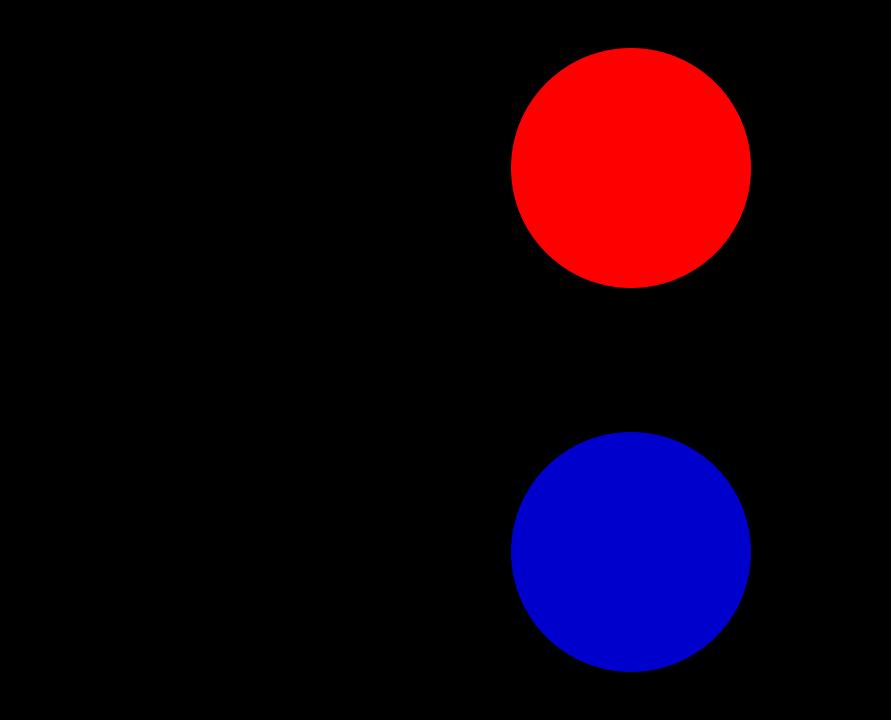
If you detect a color at a particular point on the retina, you cannot simultaneously detect the opposing color at the same point. In other words, it is impossible to see a "yellowish mauve"

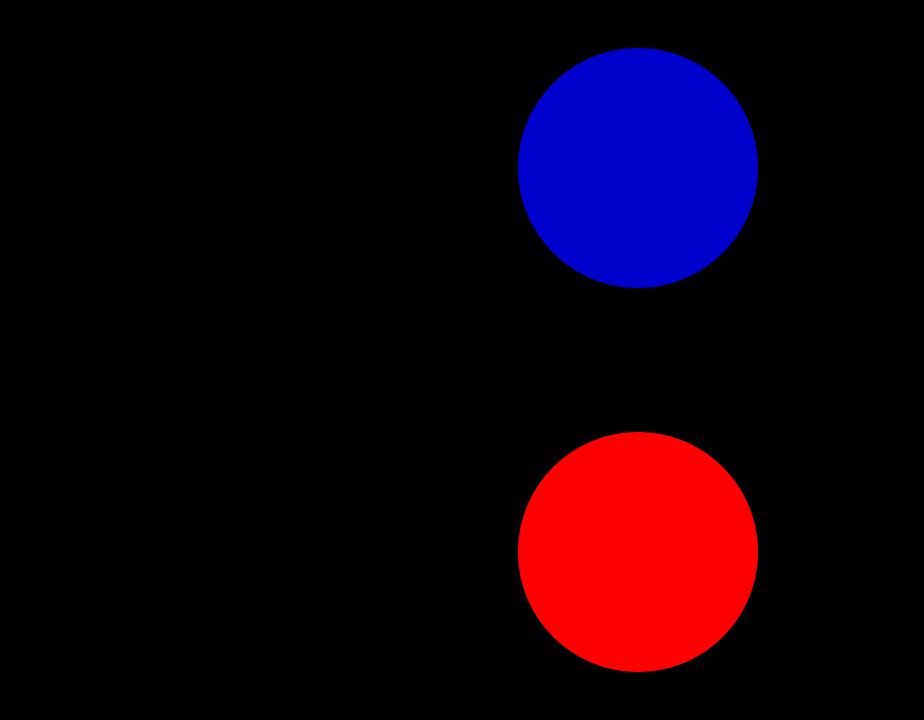
The complementary "afterimage" occurs because you saturate one of your neuron sites (e.g., yellow). To establish equilibrium, the complementary site (e.g., mauve) is activated and a false image is created.

This is true for any two complementary colors

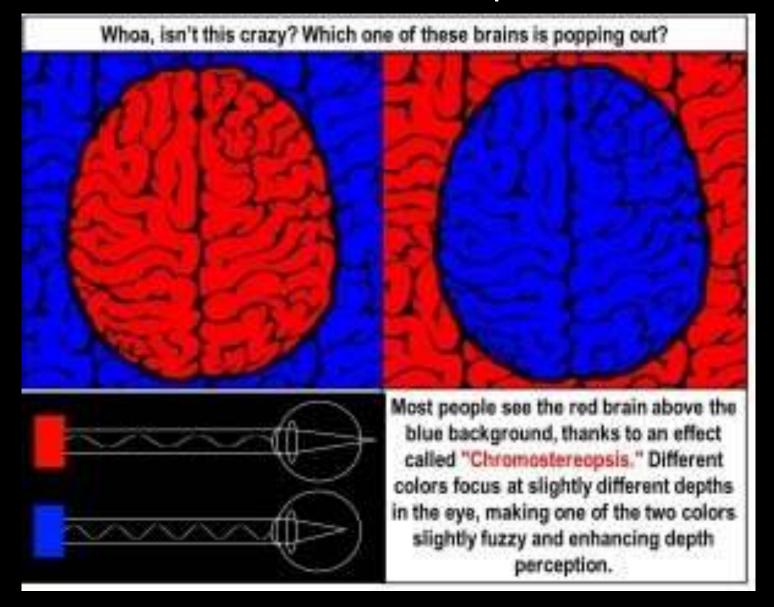


See supplemental section

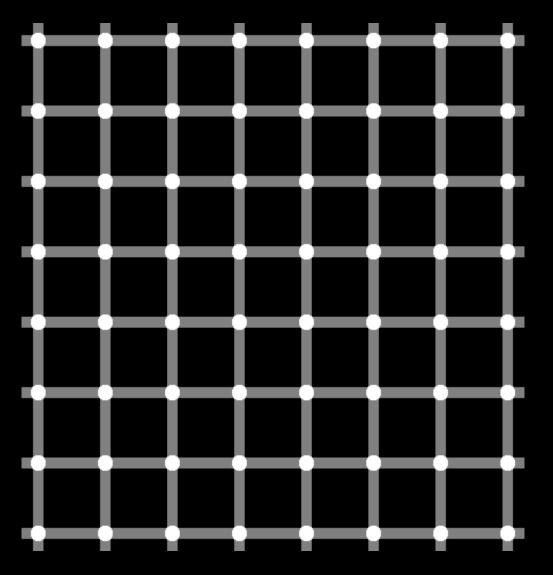




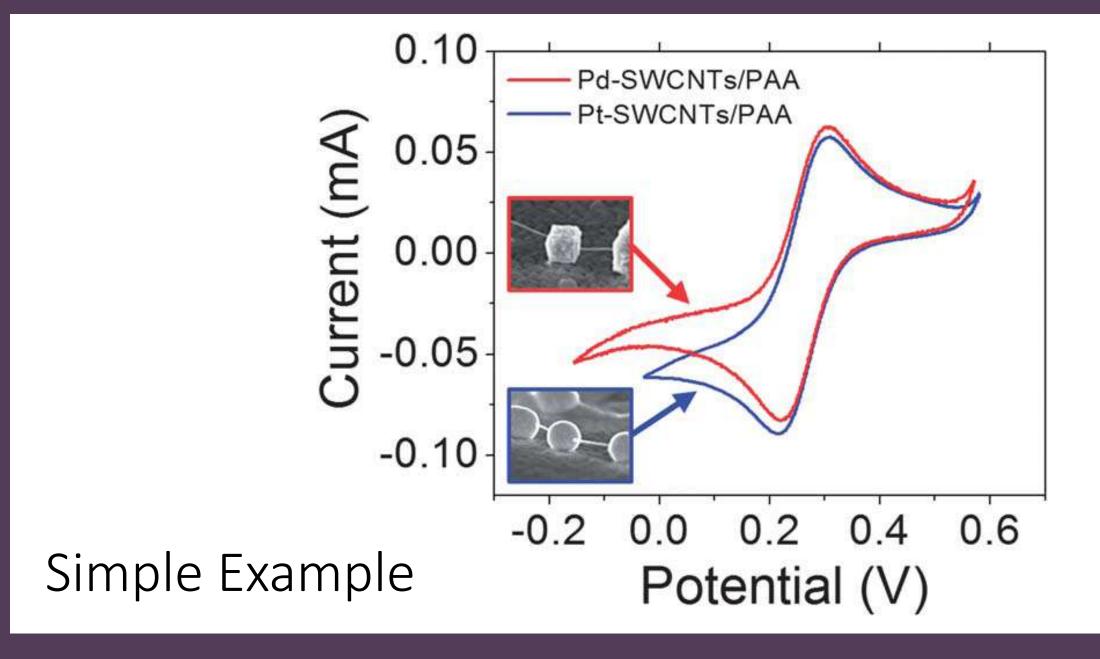
## Effect is called chromostereopsis

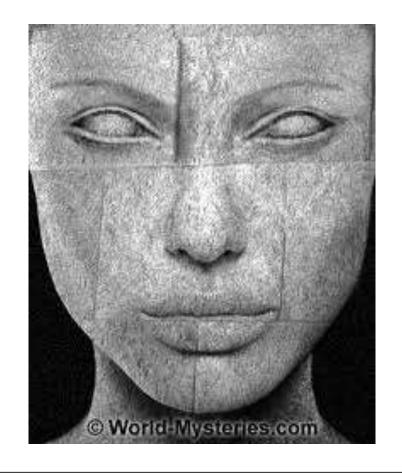


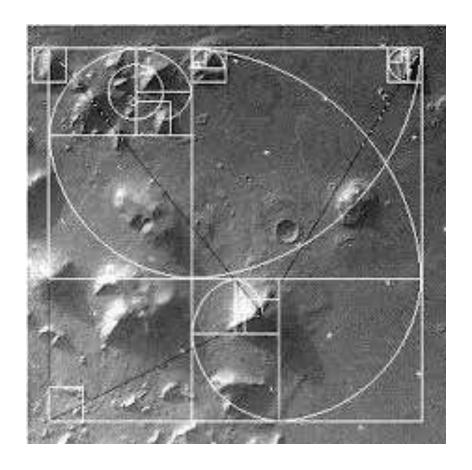
## Scintillating grid: Color is **not** limited to RGBY



Count the black dots!





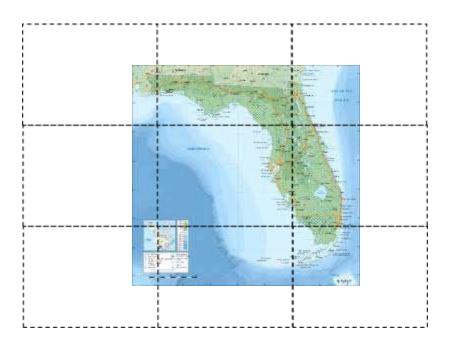


## Space and position

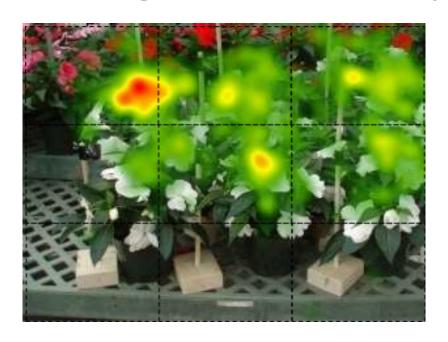
### Rule of thirds

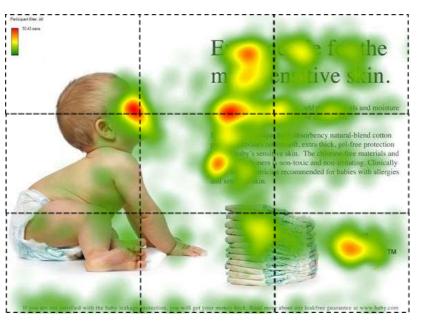
- Basic technique that photographers use to frame their shots
- Subjects placed exactly in the middle can often make for an uninteresting photo
  - Why?
    - Superior colliculus heuristic classification



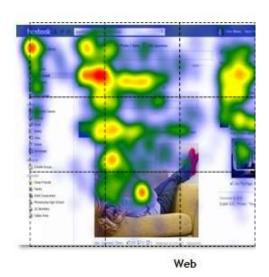


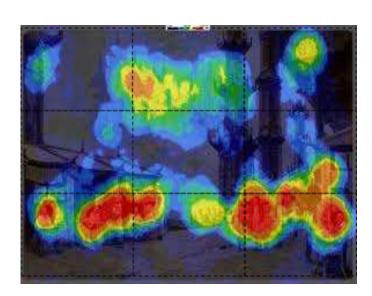
## Eye tracking studies: Superior colliculus at work

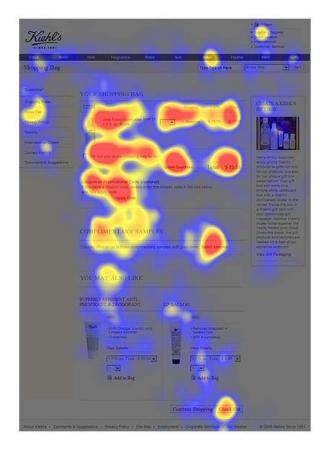








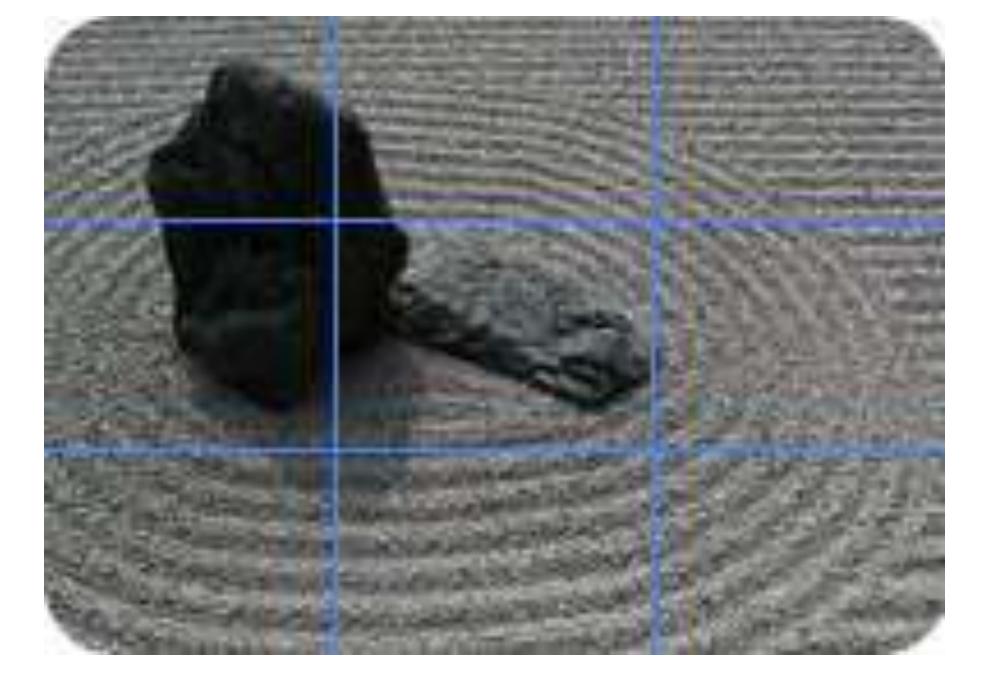




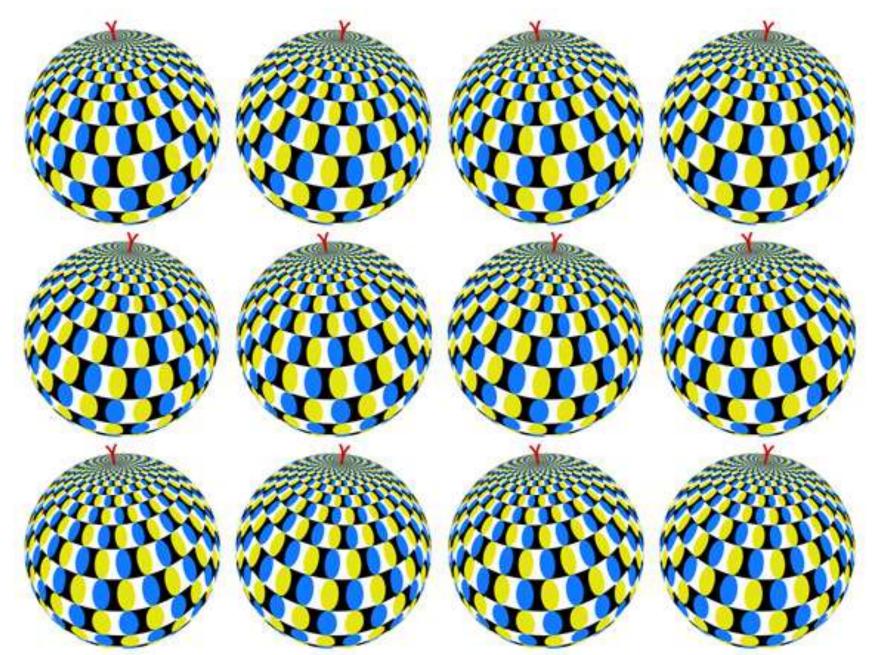


## Don't fret over the edges

You can easily arrange your information on figures using the rule of thirds	
Construct a grid with four intersecting lines or crossing points and 9 rectangles that resemble a tic-tac-toe board	
These four crossing points (also called power points, if you can believe it) are areas you might place your main subject, rather than in the center	

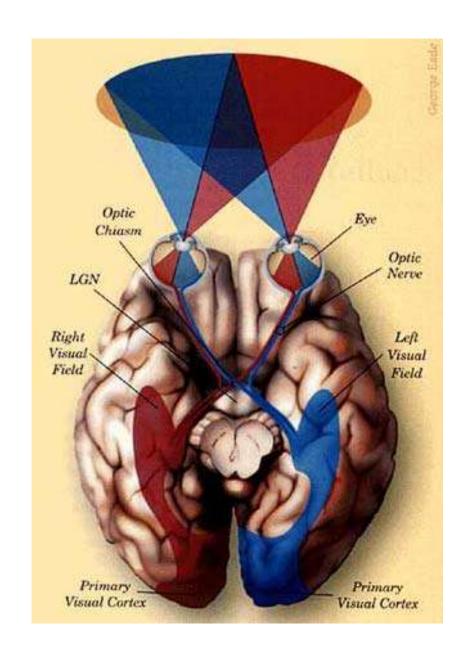


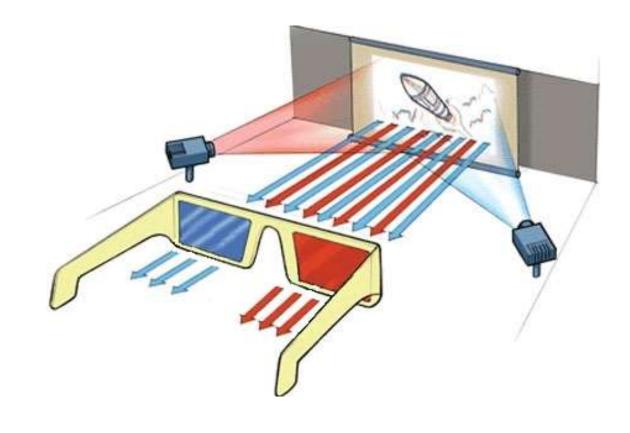
## Connecting space and color



## Stereographs Were the Original Virtual Reality



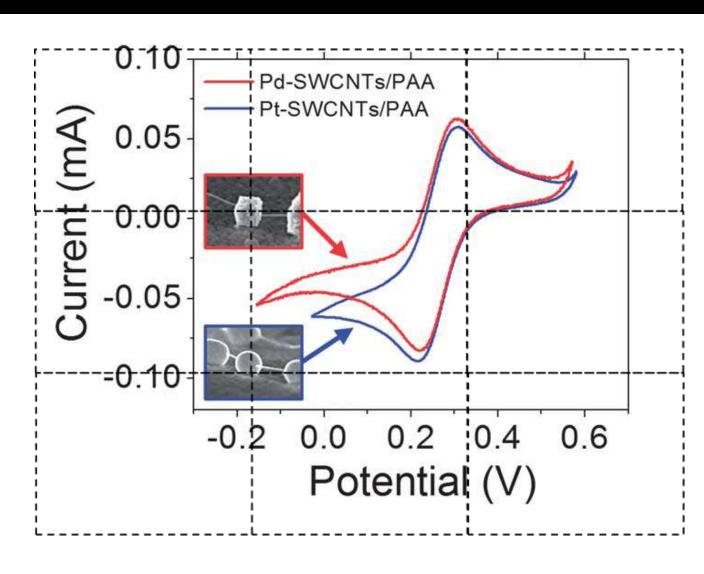






Semir Zeki, professor of neuroesthetics at University College London, created this sculpture "Squaring the Circle." Projecting colored lights on the hanging object creates the illusion of depth.

## Simple Example

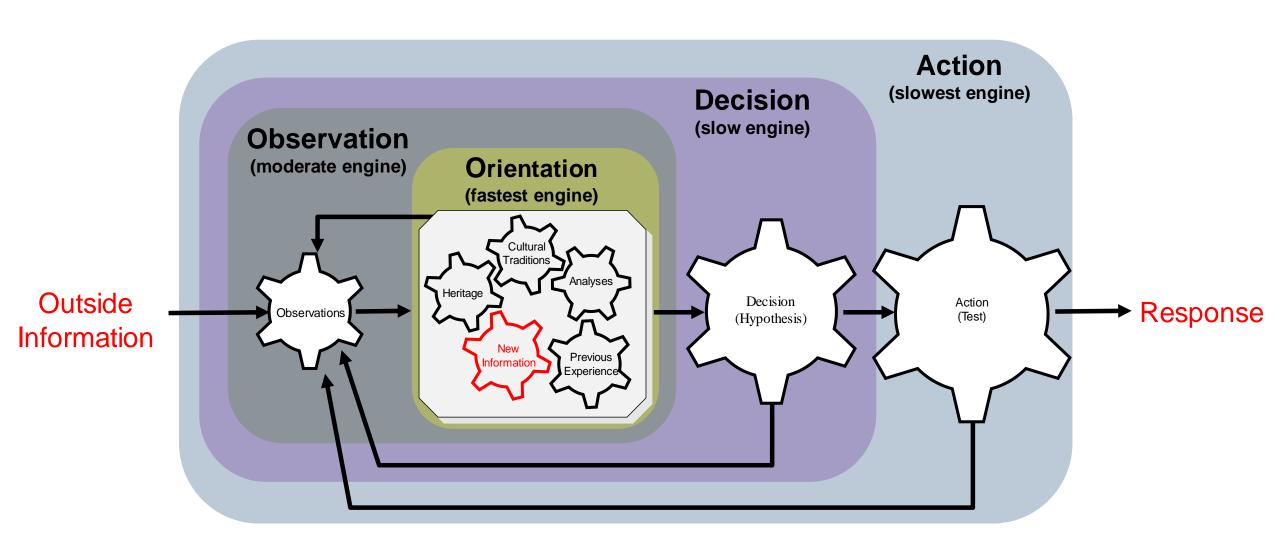


- Most people form a "first impression" within 2 seconds of seeing new information
- Heuristic classification leads to an average of 11 decisions within the first 7 seconds of new information
- A response in this timeframe is **not** driven by higher order (deep) thinking

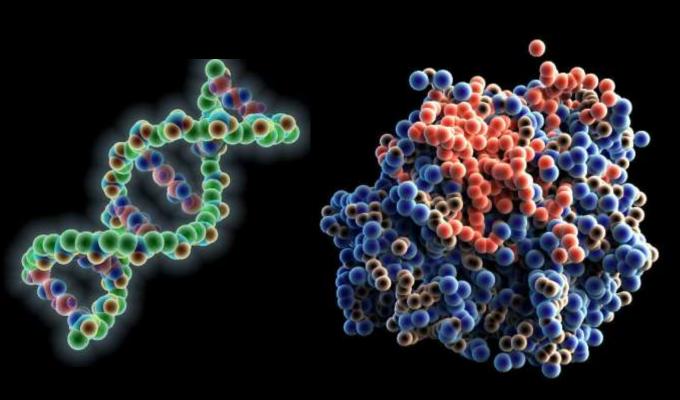
What the Dog Saw -Malcolm Gladwell



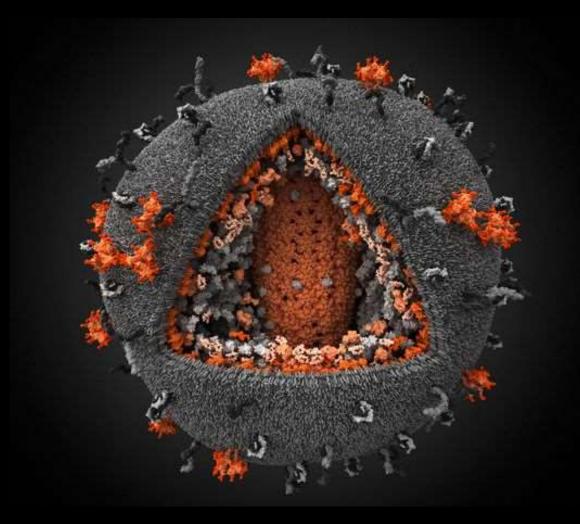
### Learning and Decision Making



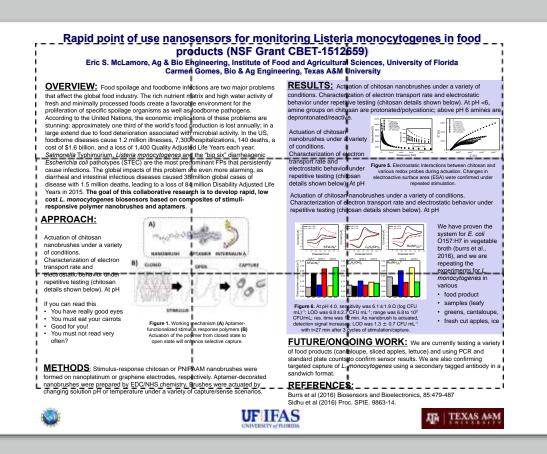
## Creativity is critical

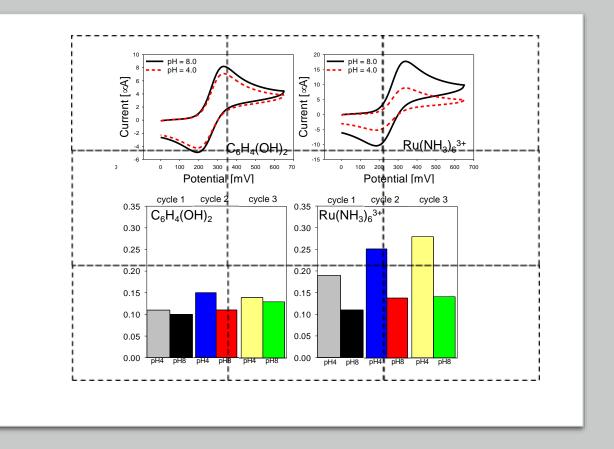


Visual representation of a gene that codes a soluble protein



Visual representation of HIV virus





Poster scale patterning

Figure scale patterning

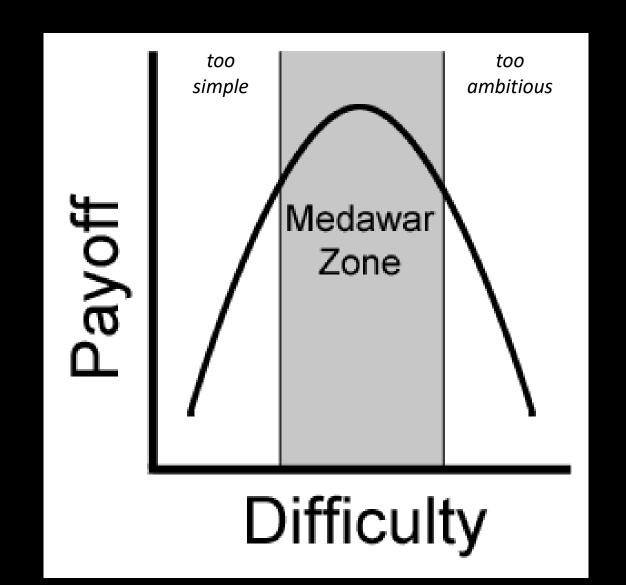
Patterning is paramount

Salience vs. Relevance

- All visually appealing items have a balance between salience and relevance
- <u>Salience</u> is the physical property that sets an object apart from its surroundings
  - Has continuing utility
  - Meets unexpressed needs/curiosities
  - Supports discovery
- Relevance is defined as what is most important within an information space
  - Retrospective
  - Meets predefined needs
  - Supports finding information

## MAKE TIME: The Medawar zone and use of visualization

- **KEY POINT**: The Medawar Zone is the area of actions which are most likely to produce fruitful results
- Actions that are "too simple" are unlikely to produce novel or significant results
- Actions that are "too ambitious" may not succeed at all, or may be rejected by the community at large



## Edward Tufte's advice:

Whatever it takes...and nothing more

## The status quo

• <a href="https://www.acs.org/content/dam/acsorg/events/professional-development/Slides/2016-03-06-poster-slides.pdf">https://www.acs.org/content/dam/acsorg/events/professional-development/Slides/2016-03-06-poster-slides.pdf</a>

• <a href="https://blogs.lse.ac.uk/impactofsocialsciences/2018/05/11/how-to-design-an-award-winning-conference-poster/">https://blogs.lse.ac.uk/impactofsocialsciences/2018/05/11/how-to-design-an-award-winning-conference-poster/</a>

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1955747/

## Key takeaways

- A poster is a visual "prop" for an oral story
- The poster and the story must be tuned for the audience
- The poster should be general enough that the oral story can be adjusted in real time without contradicting the poster
- Create imagery and text that speaks to the rapid processing center of the brain; use color and space strategically
- The oral story should speak to the higher order processing center of the brain
- Balance salience and relevance